

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Medicines for trials

• Life is a test. Trials are considered difficult questions which every one has to be exposed to, as a part of the test, this is a Divine Law. (Surat AL-Mulk(67) - verses 1-2).

• Every muslim needs to have these basic fundamentals of belief: 1. Allah has the power to solve all the problems and to replace hardship by ease. (surat Yunus(10) - versus(107)).

2. Allah is the most merciful, His mercy is very close to the believers. (Surat AL-Araf(7) - versus(56)).

3. A believer is commanded not to despair of Allah's Mercy (God's Grace). Surat. Yusuf(12) - versus(87).

Medicines for trials: 1- To drink a full cup of "trust in Allah" every day in the morning. 2- To have a capsule of "patience on Allah's Decree", two times per day, and to increase the dose as needed.

3- To escape the pressure of worldly life at least 5 times per day during the prayers.

4- Sincere supplication is a continuous relief.